



Report quality of life questionnaire

Confidential report

Commissioned by Floww International

Period 23-1-2012 to 10-2-2014

This quality of life questionnaire(SF-36) measures the state of health of the client at a certain moment in time and identifies which products of Floww Health Technology are used during which period. The following health aspects are measured: general perception of health, health changes, physical functioning, emotional functioning, social functioning, mental health, vitality and freedom of pain.

By asking the client to complete a questionnaire at various points in time, the effect of the use of Floww products becomes visible.

Group characteristics

Number of clients	103	
Mean age	52	(based on 42 clients)
Gender	56 Men, 47 Women en 0 not filled in	
Education	Primary school	5
	LSPE	1
	Senior General Secondary edu	6
	SSVE	12
	Higher vocational edu/University	56
	None	1
	Not filled	22
Marital status	Single	54
	Married	34
	Divorced	3
	Widow/widower	0
	Cohabiting	10
	Living at home	1
	Unknown	1

Score Table

The scores reflected in the table below are calculated based on the completed questionnaires. There is a 4 month interval between T1 and T2

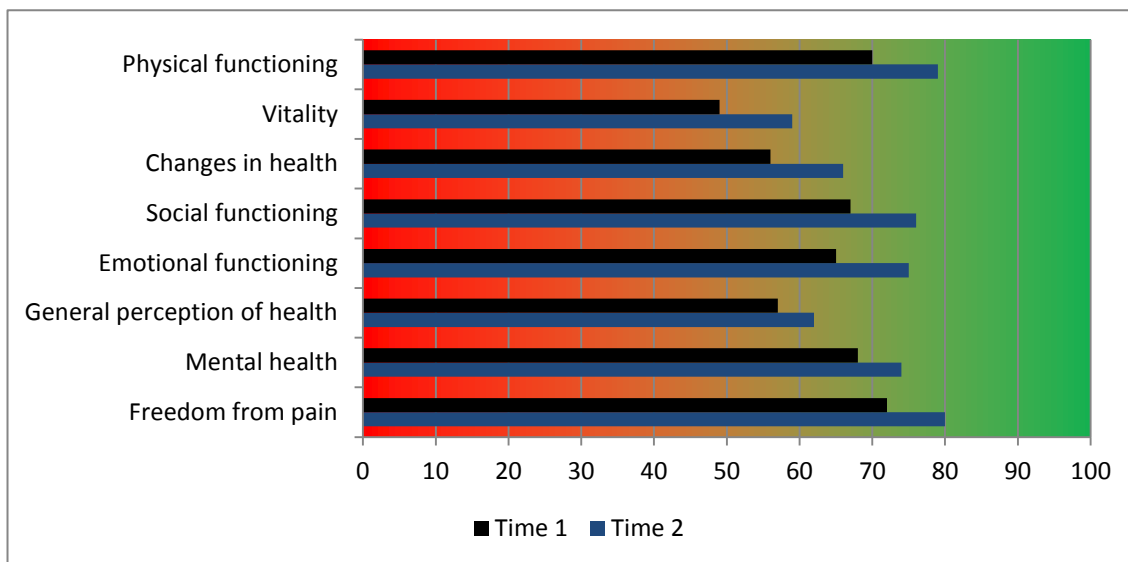
Scores	T1 (in %)	T2 (in %)	Change
Physical functioning	70	79	9
Vitality	49	59	10

Changes in health	56	66	10
Social functioning	67	76	9
Emotional functioning	65	75	10
General perception of health	57	62	5
Mental health	68	74	5
Freedom from pain	72	80	8

All scores reflect the client's perception of that concept. It could be that the client's perception differs from the objective measurable of perceptible reality.

Graph

The scores reflected in the graph below were calculated based on the completed questionnaires.



Interpretation of the scores

Physical functioning: The higher the score the less the client is affected by physical issues in daily activities.

Vitality: The higher the score, the more vital the client feels.

Health changes: This score indicates how the client perceives his/her health now, compared to 1 year ago.

Social functioning: The higher the scores the less the client is affected by physical and emotional issues in social contacts.

Emotional functioning: The higher the scores, the less the client is affected by emotional issues in daily activities.

General health perception: This score indicates how the client perceives his/her health. The higher the score, the healthier the client claims to be.

Mental health: The higher the scores, the more emotionally stable the client feels.

Free of pain: The higher the score, the less pain the client claims to feel.

Meaning of the scores

- 0 tot 10% very poor
- 10 tot 20% poor
- 20 tot 30% extremely inadequate
- 30 tot 40% inadequate
- 40 tot 50% doubtful

50 tot 60% adequate
60 tot 70% very adequate
70 tot 80% good
80 tot 90% very good
90 tot 100% excellent

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